



Keep It Simple Sweetie

February 8 – 9, 2013

Village Inn Event Center, Clemmons, NC

Two exciting marriage enrichment events will be held in North Carolina in 2013. The Better Marriages NC organization will hold its annual conference on February 8-9, in Clemmons, NC (adjacent to Winston-Salem) and the National Organization will hold its Better Marriages Conference in July in Raleigh.

It is our hope that you will be able to attend both of these events. Attending two events this close together in time can stress a couple's budget so the NC Board has decided on the theme of "Keep it Simple Sweetie" for our NC State Conference to minimize the cost without sacrificing quality. We think we've done it! Meals will be buffet style and break-out rooms are eliminated. Effectively we have been able to "cost rollback" to the year 2004 -- only \$99.00 for the early bird registration.

Keep it Simple Sweetie does not mean missing out on quality sessions designed to help couples look at their relevant issues. To the contrary, the presenters are local experienced favorites who present marriage enrichment in very entertaining and meaningful ways. You will even have the opportunity to hear and dance to your favorite love songs during the conference! You will connect with other couples committed to their marriages and it is sure to be a weekend to remember.

PROGRAM DETAILS

What are your earliest memories of your time together as a couple? There's a good chance food was involved. That's what we do—eat together, cook for

each other, go out for drinks. It's an important way we navigate that "getting to know you" phase of the relationship. And as our relationship grows, certain favorite foods, especially sweets, continue to punctuate the important milestones in our lives.

Whether it's a bowl of chicken soup or a birthday cake, preparing and serving food to our spouse is an important ritual that shows how much we care. Caring for each other is just one of the ingredients of a happy marriage, along with learning to communicate and developing our ability to resolve conflicts creatively. Combine these skills with a commitment to intentional growth and you have a recipe for a successful marriage.

Come spend a weekend with us in February as we explore these successful marriage "ingredients" together, have some fun, and perhaps bake up something sweet to mark another milestone in your relationship. So whether it's your 1st or your 21st Better Marriages Conference, you can bet your cookies you'll have a great time.

SCHEDULE

FRIDAY NIGHT: Registration and Check-in from 4:00 to 6:00 pm. Dinner at 6:30 pm. Opening session will be led by Bill Donohue and his wife, Deborah Woolard, who will describe how couples at each table will stay together for the weekend as a unique "MEG" (Marriage Enrichment Group) with all the special interactions that brings.

Getting-to-know your MEG will follow to complete the first session.

Entertainment and dancing will follow with our deejay playing the songs we all fell in love with during courtship as the focal point. ***Be sure to list your special love song(s) on the registration form!***

SATURDAY MORNING: Beginning at 8:45 am, Jim and Johnne Armentrout and Chuck and Renee Hinson will present two 1 ¼ hour sessions on Early Commitment and Communication; lunch follows from 12:00 pm until 1:30 pm when the last two sessions will begin;

SATURDAY AFTERNOON: From 1:30 pm until 4:00 pm, the Armentrouts and Hinsons will present two more 1 ¼ hour sessions on Conflict Resolution and Mature Commitment which will conclude by developing a growth plan for each couple.

Program Details at a Glance

Registration and check-in from 4:00 to 6:00 pm. Retreat kicks off on **Friday at 6:30 p.m.** with a buffet dinner. Entertainment and dancing will follow the evening session.

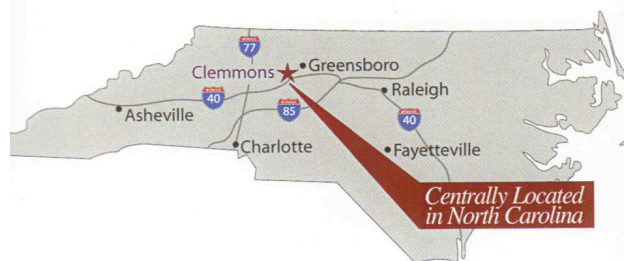
After breakfast on your own, the retreat continues **Saturday morning at 8:45** with two morning sessions. **Lunch will be provided** followed by two more afternoon sessions. **The retreat will conclude around 4:00 p.m.**

Register online now!
Visit www.bettermarriagesnc.org

ACCOMMODATIONS

The conference will be held at the Village Inn Event Center in Clemmons North Carolina, just west of Winston-Salem on I-40. This newly renovated event center provides free wireless internet, 32" HD TVs and upgraded bedding. This is a two story building with no elevator – if you need a ground floor room, be sure to tell the hotel when you make your reservation. The hotel has a restaurant and other restaurants are within walking distance for Saturday breakfast on your own.

The discounted hotel rate is \$79.00 per night plus tax. This rate is good until Jan. 25, 2013 but you must call the hotel and tell them you are attending the Better Marriages event. The rate is available for extended nights. The number is 336-766-9121 or 800-554-6416.



I-40
Take Exit 184, Go 0.2 miles

Village Inn Event Center



6205 Ramada Drive
Clemmons, NC 27012
336.766.9121
800.554.6416
www.thevillageinn.com