



Better Marriages

Educating Couples - Building Relationships

North Carolina

Reaching New Heights

A Couples Weekend Getaway
Montreat Conference Center

Montreat, North Carolina

April 26,27,28, 2019

Is there a better way to spend a Spring Weekend than in the Mountains of western North Carolina with your spouse making your marriage richer and more fulfilling? We don't think so.

Join us to ***Reach New Heights*** at this marriage enrichment experience in western North Carolina!

Attend workshops designed to help you meet the challenges that every marriage faces so that you can move onward and upward together. In the afternoon, soak up the timeless energy of the mountains together during the exclusive couples time. Then dine, dance, and connect with other couples while we "Play Some Mountain Music."

Better Marriages North Carolina 2019 Weekend Getaway
Montreat Conference Center, Montreat, North Carolina
April 26-28, 2019



Better Marriages

Educating Couples - Building Relationships

North Carolina

Program Details:

The Weekend Getaway begins on Friday Evening at 7:00 PM with a Welcome Address by our Keynote Speakers Cleve and Joy Kiser with special guests *"The Mountain Bikers"*. After a brief business meeting, enjoy the Dessert Social. Mix and mingle to meet other participants. *(Please either have dinner before the program starts or register for the optional Friday dinner on the registration form.)*

The retreat continues on Saturday morning at 8:45 AM after breakfast (included with full registration). After a conference *Warm-up* presented by Cleve and Joy Kiser, couples will take part in two workshops designed to build stronger marriages and help smooth the bumps along the way. Workshops are presented in two sessions. There are two workshops in session one and three workshops in session two to select from.

After Lunch (included) the afternoon is free for you as a couple to explore Montreat and the surrounding area. Soak up the beauty, peace and tranquility of the majestic mountains, local attractions or getaway to Asheville.

In the evening return to the Convocation Hall for a BBQ Dinner (included), Mountain Music and *Do Si Do-ing* featuring local Stony Creek Boys Band with caller Glen Bannerman.

On Sunday morning enjoy breakfast (included with registration) before returning to the convocation hall for an optional worship service, closing presentations, drawings and the result of the silent auctions.

Accommodations at Montreat Conference Center

Better Marriages of North Carolina has arranged to make available a limited number of private rooms at the Assembly Inn at the Montreat Conference Center. Enjoy the convenience of staying at the conference location.

Please Note. Accommodation requests can be submitted until April 10, 2019. Availability cannot be guaranteed. *Single night accommodations are not available.*

Cost of Two-night Stay per Couple: \$215.00

BE SURE TO RESERVE YOUR ROOM WITH US NOW WHEN YOU REGISTER FOR THE RETREAT!



Better Marriages

Educating Couples - Building Relationships

North Carolina

Leaders and Presenters:



Cleve and Joy Kiser Keynote Speakers

Cleve and Joy serve on both Better Marriages of Georgia and Better Marriages National Boards. They are a Certified Leader Couple for Better Marriages. They are currently President Couple for Better Marriages of Georgia. Cleve and Joy have two adult daughters and three outstanding Grand Boys. Joy is a retired educator--early elementary education; Adult ESOL educator. Cleve is a retired corporate Training Director. Cleve's first career was Director of Pastoral Care, West Georgia Medical Center, LaGrange, Georgia. Fun time is spent in nature, boating and robust cheering for the GBoys at basketball games and soccer matches! Additionally, "GO DAWGS"! Additionally, "GO DUKE!"

Carl and Nancy Terry President Couple

Workshop: "Don't Fall Over The Edge", Handling Conflict

Carl and Nancy have been married for 44 years and have been members of "Better Marriages" almost from the beginning of their marriage. They have been a certified leader couple for over 40 years. They have been President Couple of the National Board and currently serve as President couple for Better Marriages NC. Together they are Seminar Directors for Prepare/Enrich, an online assessment for premarital and married couples and train clergy and counselors to use this assessment with other couples.

Carl has an M.S. in Applied Psychology. Nancy has an M.S. in Social work and is a Licensed Clinical Social Worker. They live in Raleigh and are active with two MEG's (Marriage Enrichment Groups) there.





Better Marriages

Educating Couples - Building Relationships

North Carolina



Jim and Kathy Weidner

**Workshop: "Shout it from the Mountaintop"
Expressing Gratitude and How Much You Care.**

Jim and Kathy Weidner have been married for 18 years. They live in Charlotte, North Carolina. They joined Better Marriages soon after the honeymoon! Forming a blended marriage, with 3 teenagers, they understood the value of this organization to support good marriages grow stronger! After attending their first NC ACME Conference, they were asked to serve on the NC State Board. Since then they have served in several positions including president Couple. Jim and Kathy look forward to leading their breakout session in Montreat in April.

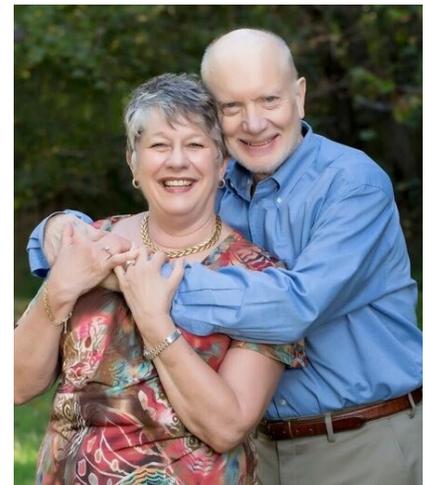
Bill and Linda McConahey
**Workshop: "Babbling Brook",
Mirroring Communication, Maintaining**

Drs. Bill and Linda McConahey are the owners of Mindful Connections Coaching, a relationship coaching business. They work with couples and singles and offer individual and group coaching, relationship evaluations, seminars and workshops.

The McConaheys have worked with singles and couples for over 30 years. They are Better Marriages Leaders, Trainers and Supervisors, having presented hundreds of seminars and retreats. In addition they are PREPARE/ENRICH Facilitators, Marriage Mentors and Seminar Directors and Couple Communication Leaders and Trainers. Both are Certified Singles and Couples Relationship Coaches.

Bill is a retired Emergency Medicine Physician, initially trained in Internal Medicine, and has also practiced Addiction Medicine and worked at community free health clinics. He is currently the Director of the Wound Care Center for Danville Regional Medical Center. Linda is a retired Clinical Psychologist with extensive experience in Couples and Family Therapy.

The McConaheys have been married 51 years and are the parents of two children and grandparents of three girls. They live in Pelham, NC. When not working with singles and couples they spend time outside in the country on 16 acres that they share with their 2 dogs. For other recreation they enjoy scuba diving, dancing and gardening.





Better Marriages

Educating Couples - Building Relationships

North Carolina

Julia and Reginald McClain
Workshop: "Mining In The Mountains",
Finding New Gold in Your Relationship

Reginald and Julia McClain celebrated 22 years of marriage in September 2018. In October 2015, the McClains became a Trained Better Marriages Leader Couple. They and they are working toward full certification.

They have conducted a workshop and a retreat on the topics "Managing Time for a Healthy Marriage" and a "Road Less Traveled" to encourage and engage married couples.

They have been members of Better Marriages for five years. Reginald is a Maintenance Engineer with Lincoln Harris and Julia is a Business Services Coordinator at NC State University (Raleigh, NC)



Laura and Tom Spangler
Workshop: "Erosion", Don't Let Boredom Creep In

Tom and Laura have been married for 33 years. They live in Winston Salem, NC where they raised 4 children and now delight in 2 grandchildren. Tom is an orthopedic surgeon and Laura is a Presbyterian pastor. Together they enjoy many different missions, sports and hobbies.



Better Marriages

Educating Couples - Building Relationships

North Carolina

REACHING NEW HEIGHTS GETAWAY AGENDA

Friday Night

- 4:00 PM-7:00 PM **Sign-in/Welcome** (Assembly Inn Lobby)
5:30 PM—6:30 PM **Dinner** - For Couples that pre-purchased.
7:00 PM **Welcome** - Carl and Nancy Terry President Couple (Convocation Hall)
7:15 PM **Conference Information** - Jean and Ray Brewer & Karen and Jim Bullard (Convocation Hall)
7:30 PM **Opening: "Mountain Bikers"**
Key Note Address: Cleve and Joy Kiser
8:45 PM **Business Meeting**—Carl and Nancy Terry
9:00 PM **Social Time** - Dessert/Coffee & Tea- Convocation Hall

Saturday

- 7:30-8:30 AM **Breakfast** Assembly Inn Dining Room
8:45 AM **Tips to make your Day Run Smoother** – Jim and Karen Bullard
Raffle Tickets for Sale, 1st Door Prizes Drawing, Silent Auction Items Review
Warm-up– Cleve and Joy Kiser
9:15 AM **Workshop Session One** –
 - Don't Fall Over The Edge ("Handling Conflict") – Carl and Nancy Terry
Convocation Hall
 - Erosion ("Don't let Boredom Creep In") – Laura and Tom Spangler
Lakeside Room10:30 AM **Break** - Coffee, tea available in Convocation Hall
10:45 AM **Workshop Session Two** -
 - Mining in The Mountains ("Finding New Gold in your Relationship") – Julia and Reginald McClain
Belk Room
 - Babbling Brook ("Mirroring Communication, Maintaining") - Bill and Linda McConahey
Lakeside Room
 - Shout It from The Mountaintop ("Expressing Gratitude & How much you Care") - Kathy and Jim Weidner
Convocation Hall12:00 PM **Lunch** - Assembly Inn Dining Room
Couple's Free Time
6:00 PM **Dinner, Mountain Music and Dancing** – Convocation Hall

Sunday Morning

- 7:30 AM **Breakfast** Assembly Inn Dining Room
8:30 AM **Optional Worship Service**—Doug Murray
9:15 AM **Break** - Coffee, tea available in Convocation Hall
9:30 AM **Closing Presentation**—Cleve and Joy Kiser & "Mountain Bikers"
Convocation Hall
10:30 AM **Parting Words** - Jean and Ray Brewer & Karen and Jim Bullard (Convocation Hall)
Remainder of door prizes, raffle and silent auction.
11:00 AM **Adjourn**
11:30 AM **Board Meeting**
Convocation Hall



Better Marriages

Educating Couples - Building Relationships

North Carolina

REGISTRATION

Husband

First Name	Last Name
Email	
Home Phone	Mobile Phone

Wife

First Name	Last Name
Email	
Home Phone	Mobile Phone

Address

Street		
City	State	Zip

Husband's Name Tag

--

Wife's Name Tag

--

Dietary Restrictions

--

Photo and Media Release

We, the registrants, understand that photographs and/or video may be taken during participation in Better Marriages North Carolina Couples Weekend Getaway. By Registering for this even we hereby grant permission to Better Marriages North Carolina to use our photograph or likeness in any publicity or promotional publications (e.g. website, social media, newspaper ads, bulletin boards, newsletters, programs, brochures, public broadcasting releases, etc.).

Better Marriages May Share My Personal (Private) Information with other attendees. i.e. Name, Email, Phone Number

_____ YES _____ NO



Better Marriages

Educating Couples - Building Relationships

North Carolina

Workshop Signup- Select first and second choice of workshop in each session by writing 1 and 2 in the appropriate box.

Session 1

- Don't Fall Over The Edge ("Handling Conflict") – Carl and Nancy Terry
- Erosion ("Don't let Boredom Creep In") – Laura and Tom Spangler

Session 2

- Mining in The Mountains ("Finding New Gold in your Relationship") – Julia and Reginald McClain
- Babbling Brook ("Mirroring Communication, Maintaining") - Bill and Linda McConahey
- Shout It from The Mountaintop ("Expressing Gratitude & How much you Care") - Kathy and Jim Weidner

FEES AND PAYMENTS:

\$250

Full Conference Registration - Excludes Friday Dinner -\$250.00 Per Couple _____ **\$250.00**

Two Nights at Assembly Inn, Montreat (Friday/Saturday) - \$215.00 per Couple _____

Additional Options:

Friday Dinner option: Add dinner for two on Friday night. - \$30.00 _____

Thursday Hotel -Add a night at the Assembly Inn to start your weekend early. \$107.50 _____
Note Limited Availability

Please add amounts for accommodations or/or Friday Dinner Options to Conference Fee and total below:

Total Amount Due - Including Conference _____

Please Mail Checks/Money Orders and Registration Form to:

NC Better Marriages
C/O Ron Musgrave
1761 Meadow Glen Dr.
Winston-Salem, NC 27127

For questions concerning payments please call: Ron Musgrave at (336) 764-5427

To Register Online Go To:
<https://www.bettermarriagesnc.org>